

YOGA TEACHER TRAINING 2019

J A N U A R Y 4 - A P R I L 5
F R I D A Y S 6 : 0 0 - 9 : 0 0 P M
S A T U R D A Y S 8 : 0 0 A M - 5 : 0 0 P M
S U N D A Y S 1 : 0 0 - 5 : 0 0 P M

I N C L U D E D I N Y T T :

1 Y E A R U N L I M I T E D M E M B E R S H I P

A L L E V E N T S T H R O U G H A P R I L 5

~ M E D I T A T I O N W O R K S H O P

S E P T 2 3 O R J A N 2 6

~ C H A K R A S W O R K S H O P

O C T 7 O R M A R 2 3

~ Y I N W O R K S H O P

N O V 1 7 - 1 8 O R M A R 9 - 1 0

~ A Y U R V E D A W O R K S H O P

D E C 1 O R M A R 2 4

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